主題：家長為何應參與學校活動與家教會？

A. 內容撮要：

1. 核心觀點：家校合作的重要性

- 學校與家庭如同雙翼，對孩子的成長缺一不可。
- 家長不應只是校門外的旁觀者，而是教育團隊中的合作夥伴。
- 積極參與對孩子的學業成就、情緒穩定及人際發展有深遠且正面的影響。

2. 參與的好處與功能

- **建立互信與溝通的基石：**
    - **方式：** 透過電話、通訊平台、親職講座等。
    - **效果：** 家長掌握孩子在校表現，學校了解家庭狀況。雙向溝通能減少誤解，有助於共同解決孩子遇到的困難。
    - **現況：** 後疫情時代線上線下互動模式多元，方便忙碌家長參與，提升孩子的幸福感與安全感。
- **直接參與學校發展 (加入家教會)：**
    - **了解與建議：** 透過會議了解學校運作與理念，代表家長群體提出建設性意見，推動學校發展。
    - **交流平台：** 家長間可分享教養心得與互助，學習有效技巧（特別是針對青春期孩子的生理心理轉變）。
    - **專業輔助：** 結合學校的專業輔導（如升學講座）與家長經驗分享，資源更豐富。
- **最強而有力的身教：**
    - **示範作用：** 當孩子看見父母重視學校活動、尊重老師並投入社區，會潛移默化建立對學習的正面態度。
    - **正面影響：** 增強孩子對學校的歸屬感，提升自我管理能力，甚至減少校園欺凌與心理壓力。

3. 總結

- 參與學校活動並非額外負擔，而是為孩子成長鋪路的關鍵投資。
- 唯有家校攜手同行，才能為下一代開創更亮麗的未來。

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B. 家長反思題：

1. 當我積極參與學校活動時，孩子通常會有什麼樣的反應或改變？
2. 除了被動接收學校資訊外，我是否可以主動參與（例如加入家教會或參加講座），以便在孩子遇到困難時，能更即時地與學校共同解決問題？

參考資料：

1. https://www.dsedj.gov.mo/~webdsej/www/grp_sch/schguide/2024/SchGuide2024_05_01.pdf
2. https://appehk.org/家長教育與家校合作在香港學校的重要性

Topic: Why Should Parents Participate in School Activities and the Parent-Teacher Association (PTA)?

A. Content Summary:

1. Core Perspective: The Importance of Home-School Cooperation

- Schools and families are like two wings; both are indispensable for a child's growth.
- Parents should not merely be bystanders outside the school gates but partners within the educational team.
- Active participation has a profound and positive impact on a child's academic achievement, emotional stability, and interpersonal development.

2. Benefits and Functions of Participation

- **Building a Cornerstone of Mutual Trust and Communication:**
    - **Methods:** Through phone calls, communication platforms, parenting seminars, etc.
    - **Effects:** Parents grasp their child's performance at school, while the school understands the family situation. Two-way communication reduces misunderstandings and helps in jointly solving difficulties the child encounters.
    - **Current Context:** In the post-pandemic era, diverse online and offline interaction models make it convenient for busy parents to participate, enhancing the child's sense of well-being and security.
- **Direct Participation in School Development (Joining the PTA):**
    - **Understanding & Suggestions:** Understand school operations and philosophy through meetings, and propose constructive suggestions on behalf of the parent body to drive school development.
    - **Exchange Platform:** Parents can share parenting insights and support each other, learning effective techniques (especially regarding the physiological and psychological changes of adolescent children).
    - **Professional Support:** Combining the school's professional guidance (such as academic progression seminars) with parents' shared experiences results in richer resources.
- **The Most Powerful Role Modeling:**
    - **Demonstration:** When children see their parents valuing school activities, respecting teachers, and engaging with the community, they subconsciously build a positive attitude towards learning.

- **Positive Impact:** It strengthens the child's sense of belonging to the school, enhances self-management abilities, and can even reduce school bullying and psychological stress.

3. Conclusion

- Participating in school activities is not an extra burden, but a key investment paving the way for a child's growth.
- Only when home and school walk hand in hand can we create a brighter future for the next generation.

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B. Parent Reflection Questions:

1. When I actively participate in school activities, what kind of reactions or changes does my child usually show?
2. Besides passively receiving school information, can I participate more proactively (e.g., joining the PTA or attending seminars) so that when my child faces difficulties, I can solve problems jointly with the school in a more timely manner?

Reference:

1. https://www.dsedj.gov.mo/~webdsej/www/grp_sch/schguide/2024/SchGuide2024_05_01.pdf
2. https://appehk.org/家長教育與家校合作在香港學校的重要性